

HISTORY OF ANALYTICAL PSYCHOLOGY IN ONTARIO

prepared by Daryl Sharp

(and read by Peggy Voth)

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Dear Colleagues,
and good evening.

I think it was a wonderful idea of John Hoedl and Mae Stolte to suggest and organize this Symposium bringing together Canadian Jungian analysts. I had hoped to be here, but my health is problematic and my capacity for extraversion is limited these days. However, this meeting is clearly a momentous event, and I was persuaded to contribute some words on the history of Jungian psychology in Ontario.

The Jungian movement in Ontario was started in 1960 by a retired senior executive of Noxema Canada. This was the late James (Jim) M. Shaw, who after a few years in analysis with M. Esther Harding in New York City decided to stimulate interest in Jung in his home town, Toronto. Together with some like-minded friends, he established an organization called APSO, acronym for the Analytical Psychology Society of Ontario. During the following twenty years and more, APSO met in Toronto's Quaker Friends House. Jim Shaw, a persuasive extraverted intuitive, was able to entice writers and scholars to speak on Jung's ideas. Among these were the well-known author Robertson Davies and the eminent scholar Northrop Frye. He also recruited some medical doctors and therapists in various alternative disciplines. Indeed, there was more interest in Jung than Jim Shaw had foreseen, and the small group grew to have about a hundred members. It was no small feat to keep this group alive, in spite of the fact that there were no accredited Jungian analysts in Canada, let alone in Ontario.

That changed in 1977, when Fraser Boa returned from training in Zurich. I followed in 1978 and Marion Woodman returned to Toronto in 1979. Almost immediately, all of us had full practices (20 hours a week or more) for the ground had been well prepared and many APSO members were eager to experience Jungian analysis after reading and hearing so much about Jung's ideas.

The three of us were enthusiastic acolytes of Jung and bursting with energy in those days. By 1980 I had turned my thesis into a book, *THE SECRET RAVEN: Conflict and Transformation in the Life of Franz Kafka*. I shopped it around to a dozen publishers, and when there were no takers Fraser and Marion encouraged me to publish it myself. I had the tools, and so was born INNER CITY BOOKS, with a logo suggesting the integration of inner work and the wider outer world. Marion offered her own thesis on anorexia, *THE OWL WAS A BAKER'S DAUGHTER*. I contacted Marie-Louise von Franz, who willingly agreed to be my patron and contracted with Inner City to publish several of her seminal early Zurich lectures on fairy tales and alchemy. Over the years, we published a number of splendid books

by Edward F. Edinger and others. INNER CITY BOOKS is still the only publishing house in the world devoted exclusively to the work of Jungian analysts.

Meanwhile, Fraser's energy manifested in a film company, WINDROSE FILMS, which produced "THE WAY OF THE DREAM," featuring von Franz interpreting dreams in real time. That 20-part series travelled the world, but expired when Fraser died in 1992 and his production assistant and wife, Jenny Donald, died soon after in a traffic accident.

Marion Woodman withdrew from OAJA about 1995 and founded her own training program called BODY SOUL SPIRIT.

Now, to back up a bit, in 1982 Fraser and Marion and I incorporated the not-for-profit organization called OAJA, the Ontario Association of Jungian Analysts. Fraser was the first president for a few years, then Douglas Cann, then myself. Jim Shaw invited OAJA to take over the public education program hitherto run by APSO. We did that in 1986, and thereafter, as more trained analysts came to Toronto from Zurich and elsewhere, the pressure grew to establish a training program. OAJA was given this authority at the 1989 IAAP Congress in Paris. When there were finally enough interested analysts (eight at the time), in the year 2000 a training program based on the Zurich model was set up and continues to this day. I was the first president, succeeded by Robert Gardner and then Douglas Cann. There are now some 40 members of OAJA (including 25 home-grown graduates).

Well, that's enough from me. I thank you for listening and trust you will enjoy this historic weekend Symposium.

Good evening,with Eros,Daryl